

**'ASSESSMENT OF NUTRITIONAL STATUS OF V. S. PUBLIC SCHOOL
CHILDREN (VIDHYANIKETAN)'**

**Dissertation for the Degree of Master of Science
Foods and Nutrition**

By

Parmar Anila

**Under the Guidance of
Ms. Krishna D. Thakkar**

Asst. Professor

Department of Home Science
Children's University, Gandhinagar
Year 2020-21

Abstract:

The primary school age is the complex physical growth period and the child's mental development. The nutrition issue has a vast continuum, while the other is illustrated by obese children on the one hand by serious, acute malnutrition.

The general objective of the study was to assess the nutritional status of the primary and upper primary school children of V. S. Public school, Keshod.

Materials and processes: In the month of March 2021, there was a cross-sectional analysis in the rural and urban region of Keshod. There was a total of 155 children tested and data collected. Result of the 155 children. The mean BMI for Girls 20.3 kg/m^2 was significantly higher than that of 19.2 kg/m^2 .

Keywords: school, age, growth, children, BMI